



Carers Social Group

Social connections and info sharing for carers of learning disabled and autistic adults.

Sept 11th
10:30 to
12:30

CONNECT & LEARN FOR CARERS



*Coffee Morning
with Special Guest*

**LADE ABE
LEAD LD NURSE
QUEEN MARYS
HOSPITAL**

WOOLWICH WAVES

The Party Room
49 Woolwich New Road
SE18 6EU

**FRIDAY 11 SEPTEMBER
10:30 TO 12:30**

Free & Fully accessible
No booking needed
Drop In

- Receive practical advice on navigating hospital care specific to carers in ethnic minorities.
- Learn how advocate for your loved one and secure the right health support.
- Discover how to get the most out of NHS services while connecting with fellow carers including those from Global Majority backgrounds.



Join the Carers Social Group
www.carerssocialgreenwich.com