

Cognition and Learning

Students will engage in play-based learning to develop problem-solving, adaptation, communication, and teamwork skills. They will learn to interact respectfully, consider personal boundaries, take turns, follow rules, and adapt to changes, preparing them for the transition to adulthood.

Physical and Sensory

This unit of work aims to help students manage sensory needs through practical activities, teaching them to recognise calming strategies when overwhelmed. Using the Interoceptive Curriculum, students will build self-regulation skills, boosting confidence and independence as they transition into adulthood.

Communication and Interaction

Students will use real-life experiences to practice communication skills in various settings, develop self-regulation and problem-solving abilities, and enhance communication strategies to support their transition into adulthood.

Social, Emotional and Mental Health

Students will build awareness of their emotions, apply self-regulation strategies, and develop skills to manage feelings and behaviour in the community and during learning activities.