

Cognition and Learning

This unit helps students understand object permanence, fostering cognitive growth by showing that objects and people exist even when out of sight. Through sensory-based, experiential learning and repetition, students develop focus, attention, and memory, strengthening their ability to connect actions to outcomes. The purpose of this programme is to enable students to begin to make sense of their environment and develop the cognitive building blocks required for learning. Students are supported to:

- Make connections between actions and outcomes.
- Develop memory and attention skills in a developmentally appropriate way.
- Experience predictability and consistency to encourage emotional security and learning confidence.

Communication and Interaction

This unit supports students in building familiarity with routines and social interactions. Using individualised approaches, it fosters early cognitive skills, communication, and sensory play to enhance interaction and exploration. The focus is on building confidence, curiosity, and foundational skills for ongoing growth.

Physical and Sensory

This unit helps students develop self-regulation, body awareness, and hand-eye coordination through massage and tool use. Activities include fine motor skill building with tools like scissors and cutlery, and understanding tool purposes. Students will build focus, independence, and emotional control, fostering routines to support participation at school and home.

Social, Emotional and Mental Health

This unit focuses on helping students develop personal, social, and community skills. Students will learn to self-regulate by recognising emotions and using strategies to manage sensory needs and behaviour. Group activities will support turn-taking, sharing, and teamwork, fostering positive interactions and a sense of belonging. Students will also practice navigating public spaces, following social norms, and communicating using language or symbols. The goal is to promote independence, inclusion, and emotional wellbeing in daily life.