

Cognition and Learning

This unit helps students understand cause and effect, which supports cognitive growth by showing how their actions can influence their surroundings. Through practice and repetition, students enhance focus, attention span, and memory, enabling them to retain and apply knowledge over time. Developing sensory awareness also helps them recognise and respond to sensory input, boosting decision-making skills, confidence, emotional regulation, and independence.

Communication and Interaction

This unit focuses on teaching students to communicate using their preferred method through a total communication approach, helping them interact effectively both in school and the community. Students will develop transferable communication skills to use across school, home, and community settings, building self-esteem and positive relationships. They will also be prepared for adulthood by learning various ways to communicate, initiating interactions, and applying communication strategies in different environments.

Physical and Sensory

This unit aims to enhance students' literacy and body control by developing an understanding of how their body moves in relation to the environment. Students will learn to control movements such as walking, running, jumping, reaching, and balancing. They will build spatial awareness, move confidently and safely, and apply fine and gross motor skills like reaching, bending, and lifting with control. By understanding how their body interacts with space, students will improve their ability to judge distances, avoid collisions, and use space effectively, supporting safe and confident movement in any environment.

Social, Emotional and Mental Health

This unit helps students recognise and manage their emotions, express their needs confidently, and build stronger relationships. By developing emotional and interpersonal skills, they will enhance their decision-making and emotional maturity. Through social problem-solving activities, students will practice cooperation, empathy, and social awareness, fostering positive interactions, harmony, and self-confidence.