





























# ALLERGEN CARD

Recipe	Allergens													
														
	Celery	Cereals With Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Peanuts	Nuts from Trees	Sesame	Soybeans	Sulphur D02/Sulphites
JACKET WITH BOLOGNESE SECONDARY														
JACKET POTATO WITH CHEESE SECONDARY							✓							
JACKET WITH BAKED BEANS SECONDARY														
Tuna Mayonnaise Jacket Potato SEC				✓	✓									
JACKET POTATO WITH SALMON SEC				✓	✓									

## Allergy Advice:

- Ingredients highlighted in bold or annotated with ✓ are allergens that are present in this product
- **MC** = Cross Contamination risk indicating that this ingredient is present in the manufacturing site / factory or supply chain and our suppliers believe there is a significant risk that this allergen could contaminate the food
- Our busy kitchens endeavour to take all reasonable steps to avoid any risk of cross contamination however we cannot guarantee that our food is 100% free from a specific allergen















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BEEF BURGER SEC FFL	✓	✓ Wheat							✓			MC	✓	
Blackeyed Bean Veggie Burger SEC		✓ Wheat										MC		
Chicken Tikka Masala SEC							✓		✓					
Yellow Vegetable Curry Sec									✓					
Roast Turkey Breast SEC														
Cheese & Onion Pasty		✓ Wheat					✓							
Roast Beef SEC														
Macaroni Cheese		✓ Wheat					✓							
Fish Fingers		✓ Wheat			✓									
Pasta Beef Bolognese FFL		✓ Wheat												
HERBY TOMATO PASTA SEC FFL		✓ Wheat					✓							

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GARLIC & HERB WEDGES HALF PORTION SEC														
Cauliflower Cheese SEC FFL		✓ Wheat					✓							
RICE 1/2 WHOLEGRAIN SEC														
ROAST POTATOES SEC														
BAKED BEANS SEC														
Cabbage SEC														
SD Vanilla Rice Pudding SEC														
MIXED SALAD SEC														
Seasonal Fresh Fruit Cups Sec														

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