



A Member of the Riding for the Disabled
Association incorporating Carriage Driving
Registered under Charity no: 244108
President: HRH The Princess Royal, KG GCVO



Reg Charity No: 1073553
Mottingham Lane, London SE9 4RW
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VOLUNTEERS NEEDED

New Lodge Riding for the Disabled is looking to recruit some more volunteers to join our team. Volunteers help by leading quiet horses with our riders who have special educational needs. We also need side helpers to go alongside the children and offer support. If you are aged 14 or over and can spare a few hours a week think about joining us.



It is helpful to have some experience around horses but support and training will be given so it is not essential if you are generally confident around animals. Reliability is essential. We have various sessions and a degree of fitness is needed for all of them as plenty of walking is involved. The weekend sessions require some running as the horses trot but we have weekday sessions and evening rides which are slower although some jogging still takes place. A weekly commitment ranges from two hours on the Saturday or Sunday morning sessions or just over an hour on the weekday session.

Due to our work with children all volunteers will need to complete DBS checks which we will arrange and will need to provide references.

New Lodge RDA is keen to encourage diversity among our volunteers to reflect the diversity of the children we work with. So please get in touch even if it's not something you've considered before everyone is welcome.

Contact Hilary on 020 8851 6447 (leave a message with number) or email at hilary.crawford@virgin.net