

Sensory Journey – The Sea

<u>Song</u>	<u>Activity</u>
Hawaiian Roller Coaster Ride	Stretching
Good Vibrations	Touching sand on the toes and feet
Macarena	Dancing
Under the Sea	Bubbles
Fun, Fun, Fun	Four beach balls
Pure Shores	Parachute
High Tide	Tapping from head to foot
Something Beyond the Sea	Squeezing from head to foot
The Sea	Hand massage
Aqueous Transmission	Massage mats/massage rollers