

Dear Parents and Caregivers

We trust you are all well and safe in these strange times.

The ASD team has made some learning from home resources for you to help give you young person some routine. Included is a suggested timetable that you might like to follow along with some suggested links to websites that you might find useful. Please remember the timetable is a suggestion and feel free to do the activities you choose at any time that suits you and your young person.

There are also some folders with activities to do and printable activities if you can print them out. We will send some printed materials if you request them. For fitness we suggest using the Joe Wicks you tube channel.

We think that the lockdown also provides you with an opportunity to work on your young person's independence skills. With the time that has been presented us we are no longer in a rush to catch the bus for school or race home to cook dinner etc so those skills that your young person hasn't quite mastered yet. We suggest you prioritise working on the skills that will make you and your young person's life easier for you and them in the future.

It would help us for future reference if you can reply and let us know what sort of internet access you have available for you young person. Some activities are better suited for iPads, some for Smart TV's.

Please feel free to email me at kknoche@charltonparkacademy.co.uk with any queries and I will respond.

Many thanks and all the best

Kurt Knoche

Middle Leader ASD Pathway 3