

# HOMework PACK

## Memory Game

You will need (chosen by parent/carer):

A tray

A clean tea towel

A range of small objects from around the house

### Game

- Arrange the objects on the tray
- Allow student to examine the objects for a few minutes, and maybe talk about what they can see.
- Cover the objects with a tea towel
- See how many the student can remember
- Maybe write what you remember in a list

Play this a few times and see if your memory improves.

## Extension Ideas

- ✓ Use different items each day
- ✓ Increase the number of items each day
- ✓ Maybe choose a theme for each tray.

## What can I see?

- Sit by a window for 5 or 10 minutes
- If you can, use the clock or a timer to set 5 or 10 minutes.
- See how many things you can spot – call them out.
- How many things did you manage to spot?
- Write them down

bird

house

tree

door

flowers

plane

cat

red car

## Daily Drawing Challenge

<b>Monday</b>  Draw your favorite animal	<b>Tuesday</b>  Draw something from your bedroom	<b>Wednesday</b>  Draw something beginning with the letter G or C
<b>Thursday</b>  Draw the view from out of a window	<b>Friday</b>  Draw a garden full of flowers	

<b>Monday</b>  Draw around your hand and then decorate it with fancy patterns	<b>Tuesday</b>  Draw a portrait of someone in your family	<b>Wednesday</b>  Draw some of your favorite foods
<b>Thursday</b>  Find a character in a book on the Internet and draw them	<b>Friday</b>  Look around the living room and draw 3 things that you can see	

## Letter Game

- Choose a letter from the alphabet
- Walk around the house and see how many things you can spot starting with your chosen letter.
- Make a bubble diagram

Choose a different letter each day.

This game can be played more than once using a different letter.

*Make it harder – words ending in your chosen letter.*

brush

bin

bread

book

**b**

box

brother

bear

## Daily Challenges

### Bucket Game

Find a bucket and a ball or soft toy.  
Place the bucket a few steps away from  
you.

**Count** how many times you can get the  
ball or toy in the bucket.

*Place the bucket further away each time  
you play.*

Play this a  
few times  
and see if  
you  
improve.

Choose  
one  
activity a  
day.

### Reading

Read a few pages from a book.

Read an article or headline in a  
newspaper.

Read an article from a magazine.

Read something off the Internet.

Read to a member of your family.

Read the TV listings – what's on?

Read a label on a food packet from the  
kitchen.

## Daily Challenges

### Writing

Choose a friend in your class and write them a letter, tell them all about what you've been doing at home.

Write a short story or poem about a banana.

Keep a daily diary and illustrate it with a picture.

Write about something funny that's happened to you in the past.

Describe a family member or a pet in words.

Write about things you like doing.

Create a restaurant menu full of nice foods.

Write about a day at the seaside, the park or another fun place. Imagine what you might do on your day out.

Write about a favourite TV character.

Write about things that you are good at.

Choose  
one  
activity a  
day.

**What can you do around the house?**

Tick off the jobs that you do.

**Sort the clothes in the laundry basket and put a wash on with help.**

**Tidy your bedroom.**

**Telephone a friend or relative and have a chat.**

**Make your own breakfast with help**

**Help to cook a dinner.**

**Do the recycling with help.**

**Put your clean clothes away. Hang them up or fold them in a drawer.**

**Try making your bed.**

**Lay the table before a family dinner.**

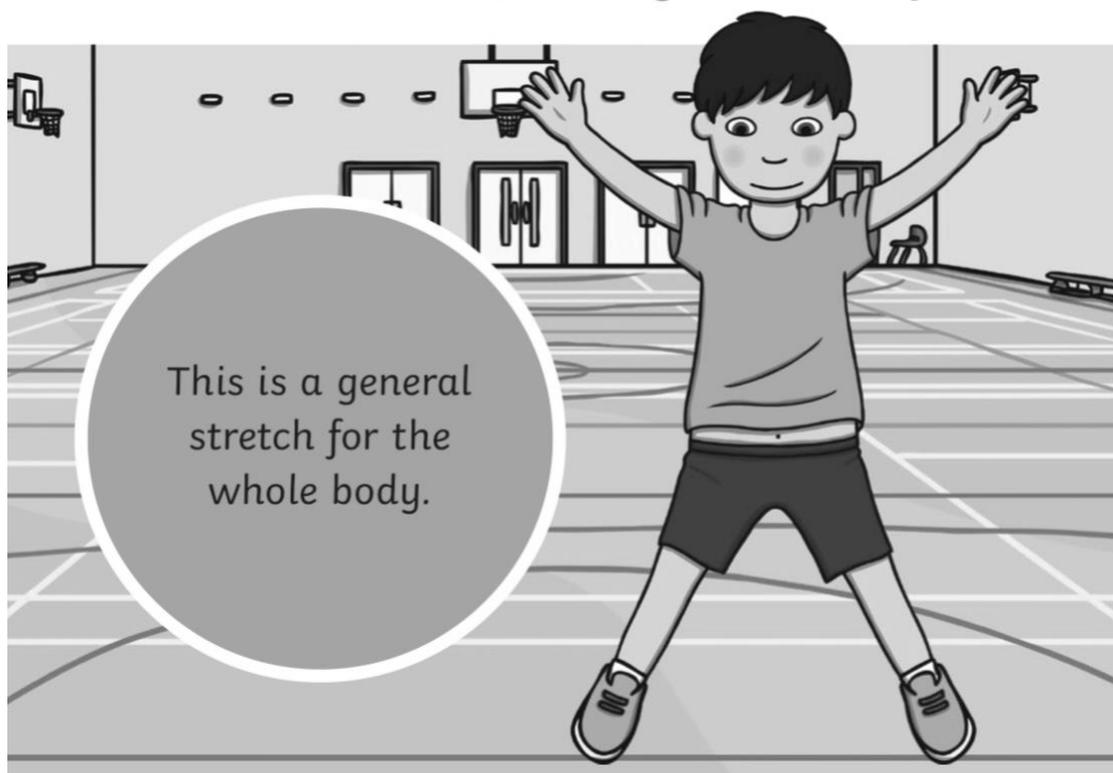
**Clean down a surface or do some polishing.**

**Hoover the carpet**

## Daily Exercise - Warm up

Make sure  
you exercise  
everyday.

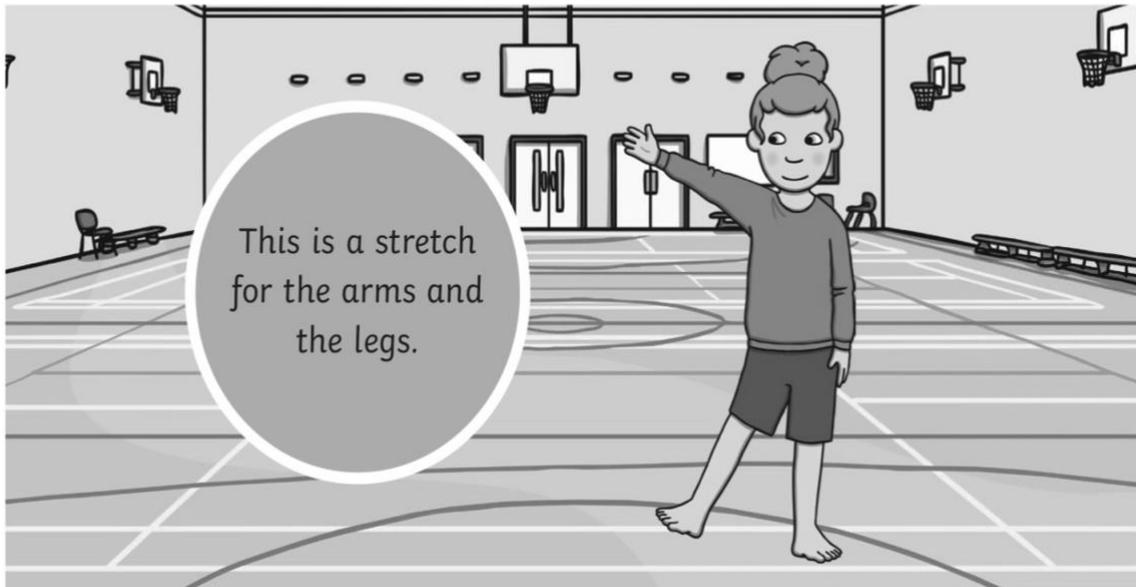
Stretch out wide, making a star shape.



This is a general  
stretch for the  
whole body.

## Daily Exercise - Warm up

Reach out to one side with one arm and one leg



This is a stretch  
for the arms and  
the legs.

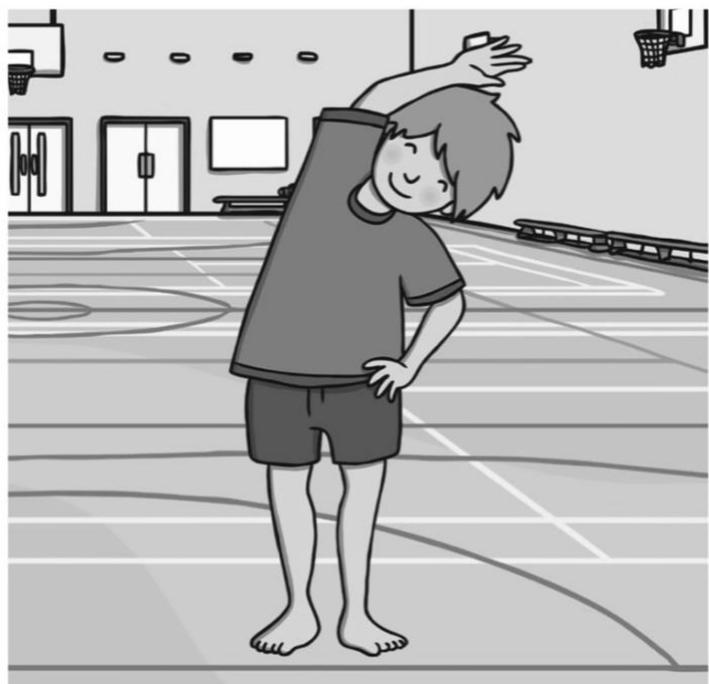
Repeat with the other side.

**Stretch one arm above your head and reach over**

Then do the same with the  
other arm.

Keep your body upright – don't  
lean forwards or backwards.

You should feel  
the stretch down  
each side.



## Daily Exercise

**10 arm circles**



**10 leg raises**



**10 twists**



**Jog on the spot for 30 seconds**

**10 toe touches**



**10 hops**



**10 jumps**



**Now dance to a favourite song!**